

West Salem 2018 Cross Country Camp

Aug 20-24, 27-31 (10 days)
Titan Stadium 12:00-1:30pm
Cost: \$20

West Salem High School Cross Country camp will be hosted by Head Coach Rick Fordney and assistants Ray Murray and Dalton Lindsey. The camp will feature workouts and a fun environment in order for everyone to have a successful fall season and beyond. It will also provide an opportunity for students to meet with their future teammates.

The cost of camp registration will also cover their entry fee for the Ultimook Race Nike Invitational in Tillamook on Saturday, September 1st. Details for our plans for the meet will come at a later date.

If you have any questions please contact Dalton Lindsey at: westsalemcrosscountry@gmail.com

Registration form must be turned in by July 6th.

-----**Detach here**-----

West Salem Cross Country Camp Registration Form

Cost: \$20

Name _____

Address _____

City _____ State _____ Zip Code _____

Phone _____ Grade _____ (6-8 Designate Middle School) _____

Age _____ Birthdate _____

Please make checks payable to West Salem Cross Country.

Registration forms and fees may be returned to Coach Lindsey at Straub Middle School, Mrs. Rumrill at Walker Middle School, or you can drop off or mail the form and a check for \$20 to: West Salem High School, ATTN Coach Fordney, 1776 Titan Dr. NW Salem OR 97304

I hereby authorize the directors of the West Salem Cross Country Camp to act for me according to their judgment in any emergency medical situation. I hereby waive and release the West Salem Cross Country Camp and the coaches of the camp from any liability for injuries that might occur at the camp. I know of no mental or physical problems which will affect my child's ability to safely participate fully in the camp. I will be responsible for any medical or other charges in connection with my child's attendance at camp.

Insurance Company _____ Policy # _____

In an emergency please contact _____ Phone _____

Signature _____ Date _____